Directions: For the following questions, choose the best answer or respond in complete sentences. **Write out your answer on your own sheet of paper. You do not have to copy the questions.** Multiple choice worth 1 point each.

1. PART A: What is the central idea of the text?

A. Misty Copeland would be a better ballerina if she had started earlier and met

fewer challenges.

B. Misty Copeland overcame self-doubt to fulfill her dreams of being a ballerina

through dedication.

C. If Misty Copeland hadn’t had the support of her friends and family, she never

would have gone on to be a ballerina.

D. There are some sports that require a certain strength and body type for athletes

to succeed at them.

2. PART B: Which detail from the text best supports the answer to Part A?

A. “For two weeks, Misty sat on the gym bleachers watching the class, afraid to join

in. Finally, she gave it a try.” (Paragraph 4)

B. “At first, Misty felt out of place in the class. She didn’t know anything about

ballet, and she was older than most of the students.” (Paragraph 5)

C. “Misty had always been long and lean, which was considered ‘perfect’ for a ballet

dancer’s body.” (Paragraph 9)

D. “she began to believe again that she belonged in ballet. / Today, Misty says, ‘I’ve

learned to embrace my appearance, skin color, and figure.’” (Paragraphs 10-11)

3. PART A: Which of the following best describes the problem in “Changes and Challenges”?

A. Misty had to work harder when her body changed and people told her she no

longer had a body for ballet.

B. Misty was angered by comments people made about her body and acted out,

making it difficult to pursue her dreams.

C. Misty felt like she never belonged in ballet, even when she was performing, and

had to overcome her shyness to succeed.

D. Misty made her friends and family angry by constantly complaining about the

issues she was having in ballet.

4. PART B: Which quote from the text best supports the answer to Part A?

A. “At the age of 19, Misty suddenly gained weight and developed curves. ‘My body

changed completely over the course of a couple of months’” (Paragraph 9)

B. “Misty says this time was ‘one of the toughest moments of my professional

career.’ Even though Misty felt discouraged, she didn’t quit.” (Paragraph 9)

C. “She talked with others who had struggled with similar problems.” (Paragraph

10)

D. “She wrote a picture book, Firebird, in which her character encourages a young

African American ballerina.” (Paragraph 11)

**Extended response worth 4 points each.**

5. How does the text help the reader understand the connection between refusing to give up

and achieving your dreams? **Use the ACE strategy.**

**6:** Identify Habits that Misty Copeland developed that helped her become such a successful dancer despite the obstacles that she faced. Explain how they helped her overcome her obstacles. **Use the ACE strategy.**

Discussion Questions

Directions: Brainstorm your answers to the following questions in the space provided. Be prepared to share your original ideas in a class discussion. **Answer the questions FULLY in at least 5 sentences each. Worth 5 points each. Should have a topic sentence, evidence, and concluding sentence.**

1. When Misty was 19, she was told she could not succeed as a dancer with her body. Describe

a time when you were told you couldn’t succeed at something. How did it make you feel?

How did you respond?

2. Misty Copeland wants to help other African American ballerinas succeed at their dreams,

like her. What is a dream that you hope to succeed in making true one day? What can you

learn from Misty’s experiences that can help you accomplish this?

3. Misty faced criticism about her appearance in her effort to become a professional ballerina.

What do you think would have happened if Copeland had believed the negative comments

people were making about her? Describe a time when someone doubted you but you

believed in yourself.